

breakfast *Served All Day*

English Muffin with Egg, Cheese, and Choice of Ham, Sausage, or Bacon	5
Breakfast Wrap with Sausage, Scrambled Egg, & Cheddar	6
Breakfast Wrap with Smoked Ham & Scrambled Egg	6
Local's Favorite Omelette - Ham & American Cheese with TaterTots & Side of Bacon	12
Jim's Favorite Omelette - Tomato, Sausage & Cheddar Cheese with TaterTots & Side of Bacon	12

salads

Classic Caesar of Romaine <i>with parmesan reggiano cheese, and Herb Croutons</i>	9
Quinoa Spinach Salad <i>with tomato, red grapes, spiced walnuts, and bleu cheese with a light olive vinaigrette dressing</i>	9
Spinach Salad <i>with goat cheese, blueberries, strawberries, cucumbers</i>	9
Add: Chicken 4 Seared Tuna 7 Lobster 10	

sandwiches & wraps

Crispy Fried Haddock Sandwich served on a Brioche Roll <i>served with bibb lettuce, vine ripe tomato, & housemade tartar sauce</i>	12
Traditional Maine Lobster Roll <i>served on a new england style hot dog roll</i>	18
Fish & Chips <i>fried haddock served with hand cut fries</i>	15
Almond Chicken Wrap <i>almond crusted fried chicken in a sweet asian chili sauce with jicama, strawberries & cucumbers</i>	9
Crispy Fried Housemade Falafel Wrap <i>served with bean sprouts tomato, & red onion with a tzatziki sauce</i>	8
Seared Tuna Wrap <i>served with bean sprouts, avocado, shaved carrot & wasabi aioli</i>	12
Roast Turkey Club <i>our own oven roasted turkey with bacon, lettuce, and tomato on toasted sourdough bread</i>	10
Chicken Club <i>fresh chicken breast grilled with bacon, lettuce, and tomato on toasted sourdough bread</i>	10
Buffalo Chicken Wrap <i>tender white meat with buffalo sauce, lettuce, tomato, & onion</i>	9
Classic BLT <i>bacon, lettuce, & tomato served on sourdough bread</i>	8
Ham & Caramelized Onions <i>ham, caramelized onions, choice of cheese & herb mayo on sourdough</i>	9
Grilled Cheese <i>choice of Cheddar, American, or Swiss cheese served on sourdough bread</i>	8

burgers *(served w/ housemade fries)*

We only use fresh ground beef make our 8oz burgers. All burgers are served on a Brioche Roll with Bibb Lettuce, Vine Ripe Tomato, Pickles, and Sliced Red Onion.

Swiss & Grilled Portobelo Mushroom	10
Goat Cheese and Caramelized Onions	10
Bacon & Bleu Cheese	10
Fried Pickle Burger	10
Cheese Burger - <i>choice of swiss, cheddar, or american</i>	10
Plain Hamburger	9
Veggie Burger - <i>housemade served with bean sprouts, avocado, & tomato</i>	10

Side Orders

Onion Rings - <i>crispy fried hand cut & breaded rings served with horseradish cream sauce</i>	6
Baby Maine Buffalo Shrimp - <i>crispy fried Maine shrimp served with Lemon Aioli</i>	9
Housemade Chicken Fingers - <i>fresh white meat lightly breaded & fried</i>	9
Hand Cut Fries	5
TaterTots	5
Fried Pickle Chips	5

smoothies

Blueberry Banana Peanut	6
Mango Raspberry	6
Strawberry Blueberry Pineapple	6
Caribbean - <i>Mango, Carrot, Pineapple, Strawberry Banana</i>	6
Pineapple Orange Banana	6
Strawberry Banana	6
Wild Berry - <i>Raspberry Strawberry Blueberry</i>	6
Peach, Mango, Strawberry	6
Green - <i>KALE, STRAWBERRY, SPINACH, PINEAPPLE, CARROT & MANGO</i>	6

Add: (\$1.50 each) Protein Scoop
Vitamin Scoop Energy Scoop

coffee & tea

Bigelow Tea Assortment	2.50
Fresh Brewed New England Coffee	sm 2.00 m 2.50
Fresh Brewed Iced Tea	2.50
Espresso	single 2 double 3
Cappuchino, Latte, or Hot Chocolate	3.50
Chocolate Mocha	sm 2.75 med 3.75
Nobl Cold Brew Coffee	reg 3.50 nitro 4.25

Have you tried our 24 Flavors of Soft Serve Ice Cream?

**HAVE A PROBLEM?
PLEASE TELL A HUMAN,
NOT A FOLLOWER.**

Tell us while you are here, when we can do something about it.
A human created the problem, a human can fix it.



Visit our Sister Restaurant Bessie's for full service dining & cocktails year round



*Items on this menu may be served raw or undercooked, or may contain raw or undercooked foods. Consumption of raw or undercooked food may increase the risk of food borne illness. Please check with your physician if you have any questions about consuming raw or undercooked foods. Prices do not include 8% Maine Meals Tax. Items and prices are subject to change without notice. Printed 5-18-2018