

### breakfast *Served All Day*

English Muffin with Egg, Cheese, and Choice of Ham, Sausage, or Bacon	5
Breakfast Wrap with Sausage, Scrambled Egg, & Cheddar	6
Breakfast Wrap with Smoked Ham & Scrambled Egg	6
Local's Favorite Omelette - Ham & American Cheese with TaterTots & Side of Bacon	12
Jim's Favorite Omelette - Tomato, Sausage & Cheddar Cheese with TaterTots & Side of Bacon	12

### salads

Classic Caesar of Romaine <i>with parmesan reggiano cheese, and Herb Croutons</i>	9
Quinoa Spinach Salad <i>with tomato, red grapes, spiced walnuts, and bleu cheese with a light olive vinaigrette dressing</i>	9
Spinach Salad <i>with goat cheese, blueberries, strawberries, cucumbers</i>	9

Add: Chicken 4    Seared Tuna 7    Lobster 9

### sandwiches & stuff

Crispy Fried Haddock Sandwich served on a Brioche Roll <i>served with bibb lettuce, vine ripe tomato, &amp; housemade tartar sauce</i>	12
Traditional Maine Lobster Roll <i>served on a new england style hot dog roll</i>	17
Fish & Chips <i>fried haddock served with hand cut fries</i>	15
Almond Chicken Wrap <i>almond crusted fried chicken in a sweet asian chili sauce with jicama, strawberries &amp; cucumbers</i>	9
Crispy Fried Housemade Falafel Wrap <i>served with bean sprouts tomato, &amp; red onion with a tzatziki sauce</i>	8
Seared Tuna Wrap <i>served with bean sprouts, avocado, shaved carrot &amp; wasabi aioli</i>	12
Roast Turkey Club <i>our own oven roasted turkey with bacon, lettuce, and tomato on toasted sourdough bread</i>	10
Buffalo Chicken Wrap <i>tender white meat with buffalo sauce, lettuce, tomato, &amp; onion</i>	9
Classic BLT <i>bacon, lettuce, &amp; tomato served on sourdough bread</i>	8
Ham & Caramelized Onions <i>ham, caramelized onions, choice of cheese &amp; herb mayo on sourdough</i>	9

### burgers *(served w/ housemade fries)*

We only use fresh ground beef make our 8oz burgers. All burgers are served on a Brioche Roll with Bibb Lettuce, Vine Ripe Tomato, Pickles, and Sliced Red Onion.

Swiss & Grilled Portobelo Mushroom	10
Goat Cheese and Caramelized Onions	10
Bacon & Bleu Cheese	10
Cheese Burger - <i>choice of swiss, cheddar, or american</i>	10
Plain Hamburger	9
Veggie Burger - <i>housemade served with bean sprouts, avocado, &amp; tomato</i>	10

### coffee tea etc

Bigelow Tea Assortment	2.25
Fresh Brewed New England Coffee sm 1.85 m 2.25	
Iced Coffee traditional or cold brew	2.50
Espresso single 2 double 3	
Cappuchino or Latte sm 2.50 med 3.50	
Chocolate Mocha sm 2.75 med 3.75	
Hot Chocolate sm 2.50 med 3.50	



### Desserts & Donuts

Desserts 6	Cookies 2.50
Brownies 2.50	Fresh Baked Muffins 2
Bagels (served w/cream cheese) 2.5	
Donuts Made Fresh Daily (see Today's Selections) 1/ea 11/dz (Buy 1 get on free after 1pm while supplies last)	

Visit our Sister Restaurant Bessie's for full service dining & cocktails year round



### Side Orders

Onion Rings - *crispy fried hand cut & breaded rings served with horseradish cream sauce* 6

Baby Maine Buffalo Shrimp - *crispy fried Maine shrimp served with Lemon Aioli* 9

Housemade Chicken Fingers - *fresh white meat lightly breaded & fried* 9

Hand Cut Fries 5

TaterTots 5

**HAVE A PROBLEM?  
PLEASE TELL A HUMAN,  
NOT A FOLLOWER.**

Tell us while you are here, when we can do something about it. A human created the problem, a human can fix it.

### smoothies

Blueberry Banana Peanut 6
Mango Raspberry 6
Strawberry Blueberry Pineapple 6
Caribbean - <i>Mango, Carrot, Pineapple, Strawberry Banana</i> 6
Pineapple Orange Banana 6
Strawberry Banana 6
Wild Berry - <i>Raspberry Strawberry Blueberry</i> 6
Peach, Mango, Strawberry 6
Green - <i>KALE, STRAWBERRY, SPINACH, PINEAPPLE, CARROT &amp; MANGO</i> 6
Add: (\$1 each) Protein Scoop Vitamin Scoop Energy Scoop

We Use Fresh Ground Beef to  
Make Our *fresh* Burgers

We Make our *fresh* Donuts  
on Site Every Day

Our Coffee Is Always  
Hot and *fresh*

Enjoy Your Favorite Beer,  
Wine, or Cocktail  
on Our Patio

We Have Plenty of  
FREE Parking While Dining At  
*fresh*